

32. How would you describe your own personal weight situation right now -- very overweight, somewhat overweight, about right, somewhat underweight, or very underweight?

TREND FROM CONSUMPTION HABITS POLLS

	<u>Very over- weight</u>	<u>Some- what over- weight</u>	<u>About right</u>	<u>Some- what under- weight</u>	<u>Very under- weight</u>	<u>No opinion</u>
2014 Jul 7-10	5	35	56	3	1	*
2013 Jul 10-14	6	39	49	5	1	1
2012 Jul 9-12	5	36	54	3	1	*
2011 Jul 7-10	6	36	54	4	1	*
2010 Jul 8-11	6	39	48	5	1	1
2007 Jul 12-15	5	37	52	4	1	1
2006 Jul 6-9	6	40	49	4	*	*
2005 Jul 7-10	4	38	52	5	1	*
2004 Jul 8-11	5	39	50	5	1	*
2003 Jul 7-9	4	39	50	5	1	1
2002 Jul 9-11	6	34	55	5	*	*
2001 Jul 19-22	5	41	49	5	*	*
1999 Jul 22-25	4	35	53	6	1	1

34. At this time are you seriously trying to lose weight?

	<u>Yes</u>	<u>No</u>	<u>No opinion</u>
<u>NATIONAL ADULTS</u>			
2014 Jul 7-10	29	71	*
2013 Nov 7-10	25	75	1
2012 Nov 15-18	25	75	*
2011 Nov 3-6	29	70	1
2010 Nov 4-7	27	72	1
2009 Nov 5-8	27	73	*
2008 Nov 13-16	30	69	1
2007 Nov 11-14	28	72	*
2006 Nov 9-12	28	71	1
2005 Nov 7-10	27	73	*
2004 Nov 7-10	29	71	*
2003 Nov 3-5	28	72	*
2002 Nov 11-14	24	75	1
2001 Jul 19-22	25	75	*
1999 Jul 22-25	20	80	*
1996 Feb 23-25	26	74	*
1990 Oct 18-21	18	82	*
<u>MEN</u>			

